



## Senior Planet Program Types

### Lectures

One-off lectures introduce popular tech topics and themes in a clear and concise manner. Individual lectures aim to explain the general purpose of a device or concept, its usefulness and important tips and tricks. Lectures do not offer hands-on exposure to the presented topic, but many of them can be scheduled in conjunction with a related interactive workshop that offers hands-on experience with the website or online platform discussed in the lecture. Lectures are typically 60-75 minutes and participant numbers are uncapped.

### Workshops

Our series of interactive workshops are designed to give participants the chance to practice using a website or app. Although they can be scheduled on their own, many workshops cover material that has already been introduced in a lecture. Workshops are led by a trainer and offer hands-on activities. To participate in workshops, participants should be comfortable navigating the Internet. Workshops last 75-90 minutes and are capped at 8-10 participants. Workshop participants will use a classroom device that is provided by the licensed partner.

### Courses

Senior Planet courses provide a deeper learning and social experience for participants. Unlike lectures and workshops, courses are multi-week commitments and participants are registering for the entire series. Class sessions involve a combination of discussion of new topics and hands-on, practical application of technology skills. OATS provides a detailed, printed course book for each participant to keep after the end of the course. Courses meet twice a week for either 5 or 10 weeks, and each session lasts 75 minutes. Courses are capped at 10-14 participants.

### Program Series

Program series offers introductions and hands-on practice to a variety of topics that are thematically related. They combine our one-off lectures with hands-on workshops to give participants a chance to practice specific skills. Program series range in length from 2-10 sessions depending on the topic. Participants should register for the entire series, as they would a course, and all sessions should be scheduled for 75 minutes for continuity. Participants receive handouts for each session. Series are capped at 12-14 participants.